

# Project Documentation



## Abstract



**Betances Residence, 445 East 142nd Street, Bronx, NY**

<b>Data</b>			
Year of construction	2019-2021	<b>Space heating</b>	<b>9</b> kWh/(m <sup>2</sup> a)
U-value external wall	0.196 W/(m <sup>2</sup> K)		
U-value basement	0.294 W/(m <sup>2</sup> K)	Primary Energy Renewable (PER)	87 kWh/(m <sup>2</sup> a)
U-value roof	0.091 W/(m <sup>2</sup> K)	Generation of renewable Energy	See below
U-value window	1.04 W/(m <sup>2</sup> K)	Non-renewable Primary Energy (PE)	119 kWh/(m <sup>2</sup> a)
Heat recovery	84 %	Pressurization test n <sub>50</sub>	0.5 h <sup>-1</sup>
Special features	The ground floor is mixed use with healthcare offices, community room, library, computer room, fitness center, preschool (future tenant) and private outdoor space. The rooftop includes a photovoltaic array producing 35,417 kWh/yr.		

## Brief Description

### Betances Residence

Betances Residence was developed by Breaking Ground, New York's largest provider of street outreach and supportive housing. It is the group's first Passive House residence, which will house and support formerly homeless and low income seniors. The building is located between East 142nd Street and East 143rd Street in the Mott Haven neighborhood of the Bronx in New York City. The 8 story, 152-unit residence will dedicate 25% of units to New York City Housing Authority (NYCHA) seniors, 45 units to formerly homeless seniors, and remaining units to seniors with incomes of less than 50% of the area median income.

The project utilizes active design principles, such as making sure circulation spaces have access to daylight and views to green space, to encourage physical activity. Outdoor garden spaces, accessible accommodations (for mobility, vision and hearing impairments), and on-site social and medical services also support the overall well being of tenants. The building is organized into two residential towers, with a variety of shared spaces at the ground floor connecting the two towers that promote mental and physical well-being, independence and social connectedness for the residents. These shared spaces and services include on-site medical and psychiatric care, a garden, a library, a multi-purpose room, a computer room, a fitness room, bicycle storage and laundry as well as a separate Community Facility for the future community-based non-profit tenant (an early childcare center).

The design and construction of Betances Residence provides a superior living environment for residents. The high mass construction, continuous thermal envelope, and high-performance windows significantly reduces noise from outdoors. This translates to a quieter, more peaceful apartment setting. In addition, the thermal envelope and windows, coupled with the heating/cooling system allows residents to set and maintain their own consistent, comfortable temperature. Cold-surfaces and drafts have been eliminated with high-performance windows and thorough air-sealing and compartmentalization. The ERVs deliver a continuous flow of fresh, filtered air from outdoors and remove stale air from each apartment, resulting in excellent indoor air quality. The South Bronx is a known asthma corridor and the clean, filtered, outside air is especially important for the building residents.

## Responsible Project Participants

Architect	COOKFOX Architects 250 W 57th St 10107 New York , United States of America
Client	BREAKING GROUND 505 8th Ave 10018 New York, United States of America
Building systems	DAGHER ENGINEERING 29 Broadway 10006 New York, United States of America
Structural engineering	WSP 1 Pennsylvania Plaza New York, NY 10119, United States of America
Building physics	STEVEN WINTER ASSOCIATES 307 Seventh Avenue New York, NY 10001, United States of America
Passive House project planning	STEVEN WINTER ASSOCIATES 307 Seventh Avenue New York, NY 10001, United States of America
Construction management	MONADNOCK CONSTRUCTION 155 3rd St Brooklyn, NY 11231, United States of America

## Certifying Body

PASSIVE HOUSE ACADEMY  
334 Douglass, Brooklyn, NY 11217, United States of America

## Certification ID

**6336**

Project-ID ([www.passivehouse-database.org](http://www.passivehouse-database.org))  
Projekt-ID ([www.passivhausprojekte.de](http://www.passivhausprojekte.de))

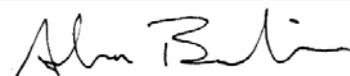
## Author of Project Documentation

Adam Beaulieu, AIA  
COOKFOX Architects

Date

Signature

11.02.2023





# 1. Exterior Photos

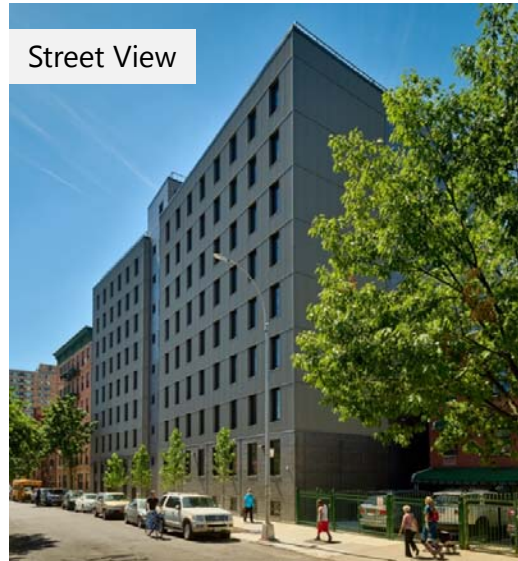
Street View



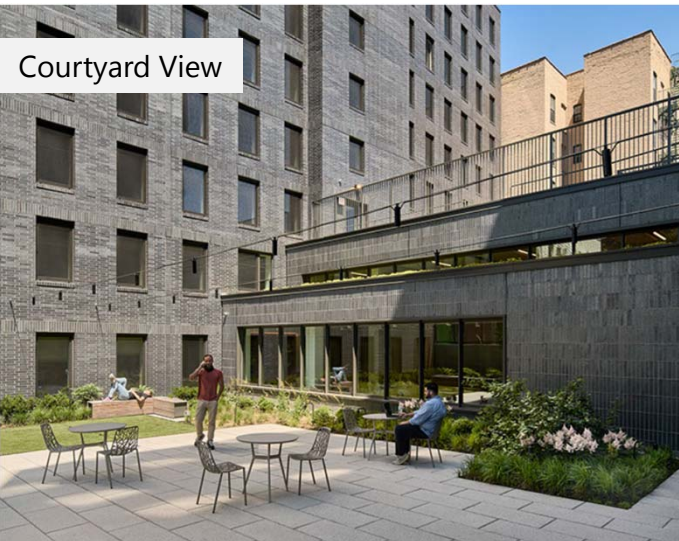
Entry View



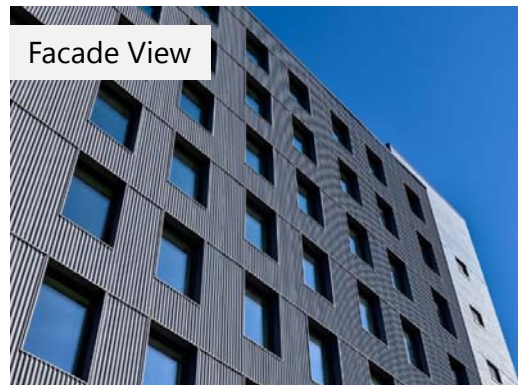
Street View



Courtyard View



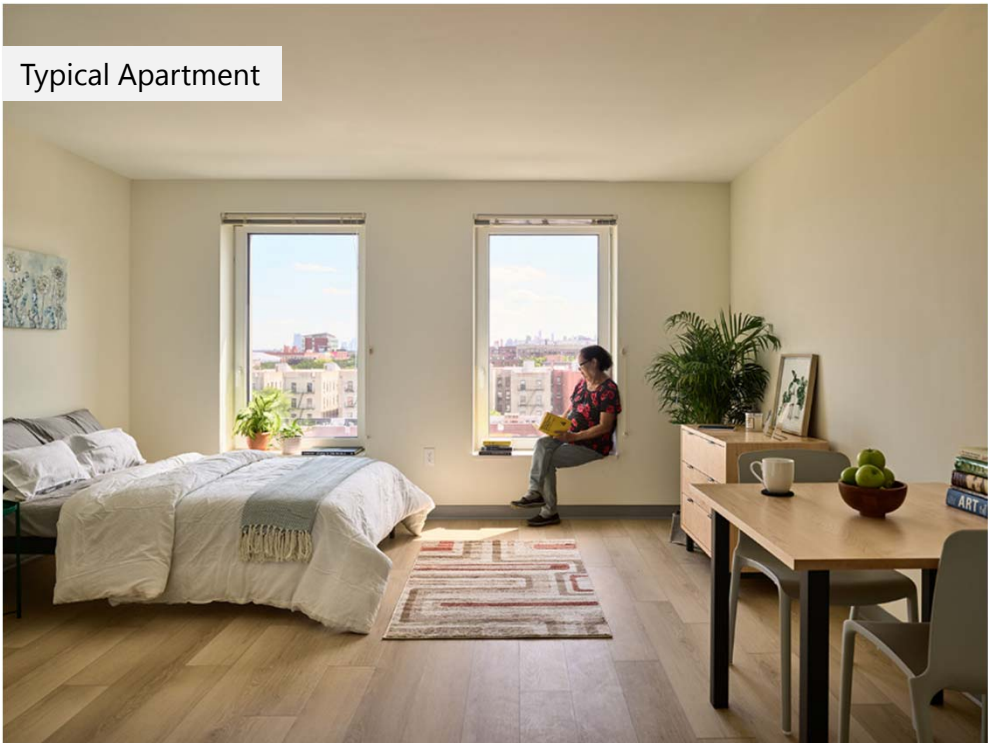
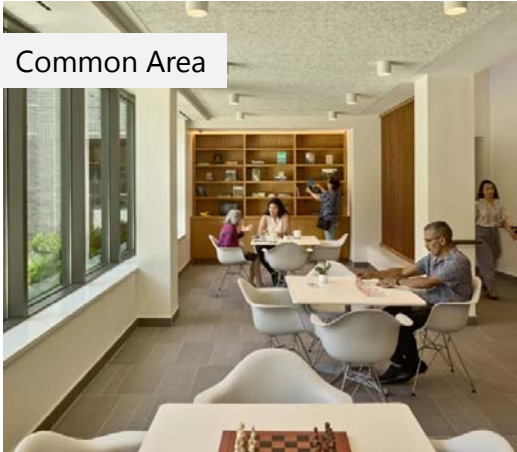
Facade View



© COOKFOX

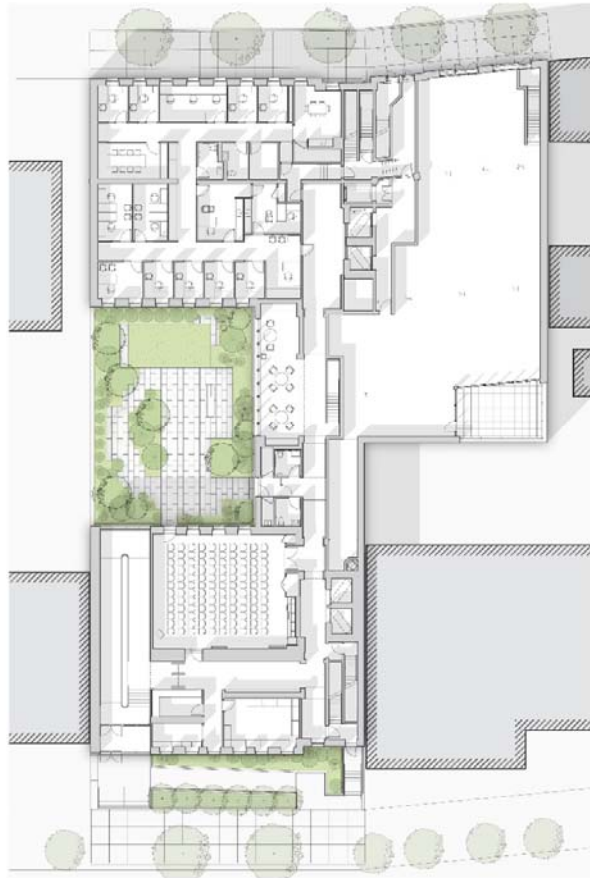


## 2. Interior Photos

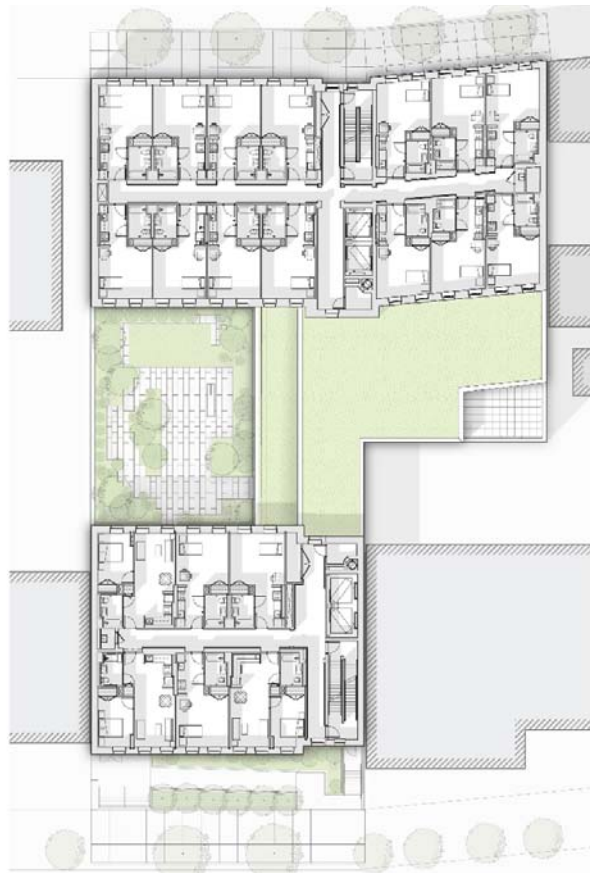


### 3. Floor Plans

First Floor Plan



Typical Floor Plan



### 3. Building Elevations and Sections

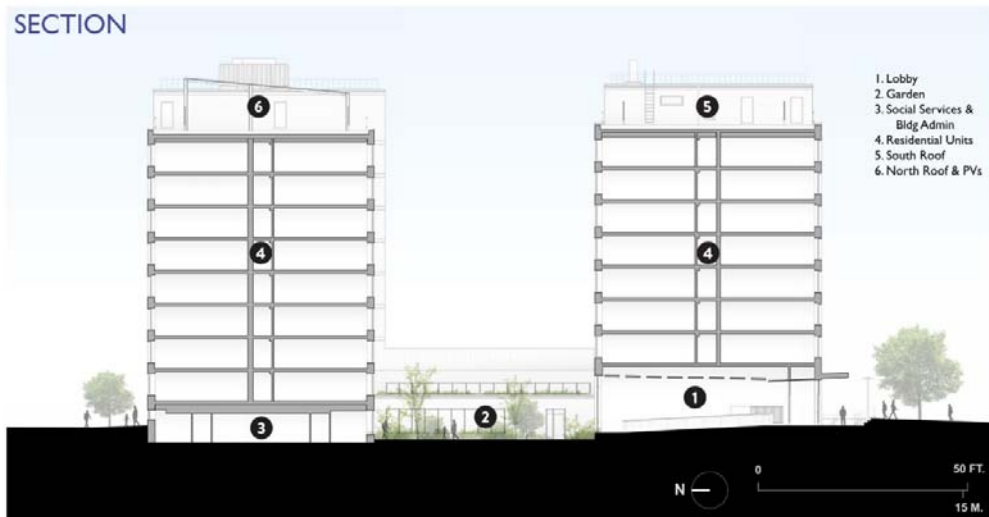
SOUTH ELEVATION



NORTH ELEVATION



SECTION





# BETANCES SENIOR HOUSING PASSIVE HOUSE FEATURES

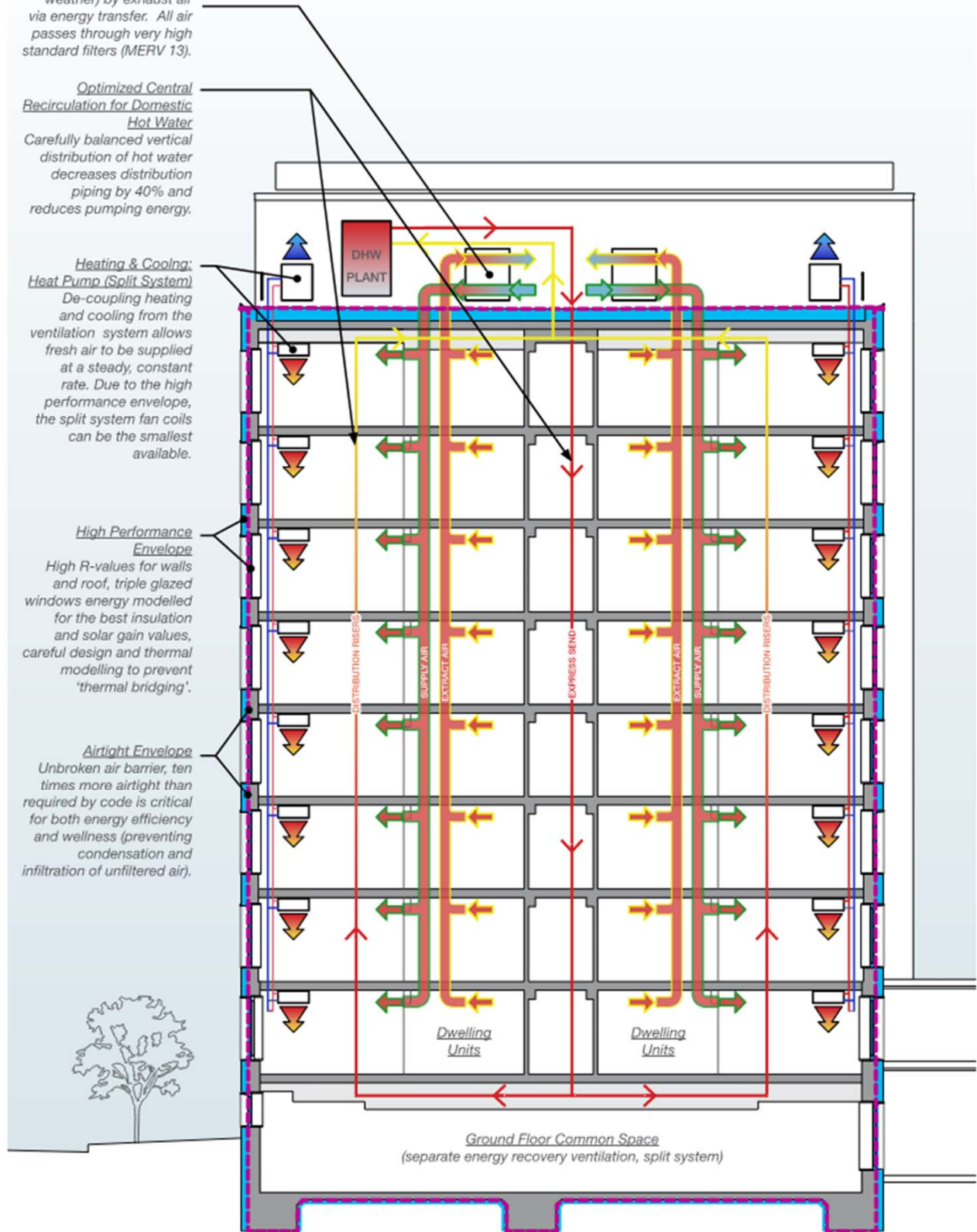
**Energy Recovery Ventilation**  
Fresh air is heated (or cooled during warm weather) by exhaust air via energy transfer. All air passes through very high standard filters (MERV 13).

**Optimized Central Recirculation for Domestic Hot Water**  
Carefully balanced vertical distribution of hot water decreases distribution piping by 40% and reduces pumping energy.

**Heating & Cooling: Heat Pump (Split System)**  
De-coupling heating and cooling from the ventilation system allows fresh air to be supplied at a steady, constant rate. Due to the high performance envelope, the split system fan coils can be the smallest available.

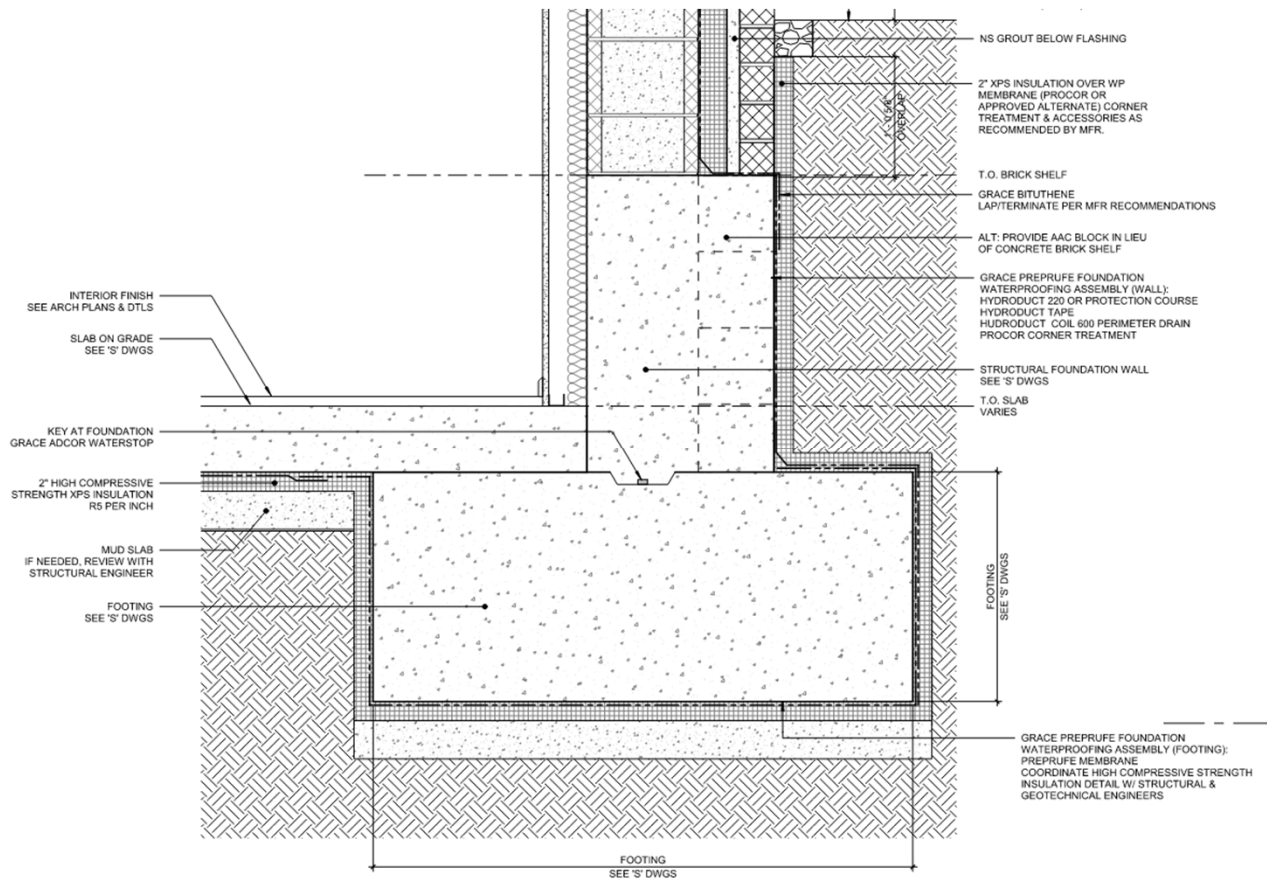
**High Performance Envelope**  
High R-values for walls and roof, triple glazed windows energy modelled for the best insulation and solar gain values, careful design and thermal modelling to prevent 'thermal bridging'.

**Airtight Envelope**  
Unbroken air barrier, ten times more airtight than required by code is critical for both energy efficiency and wellness (preventing condensation and infiltration of unfiltered air).





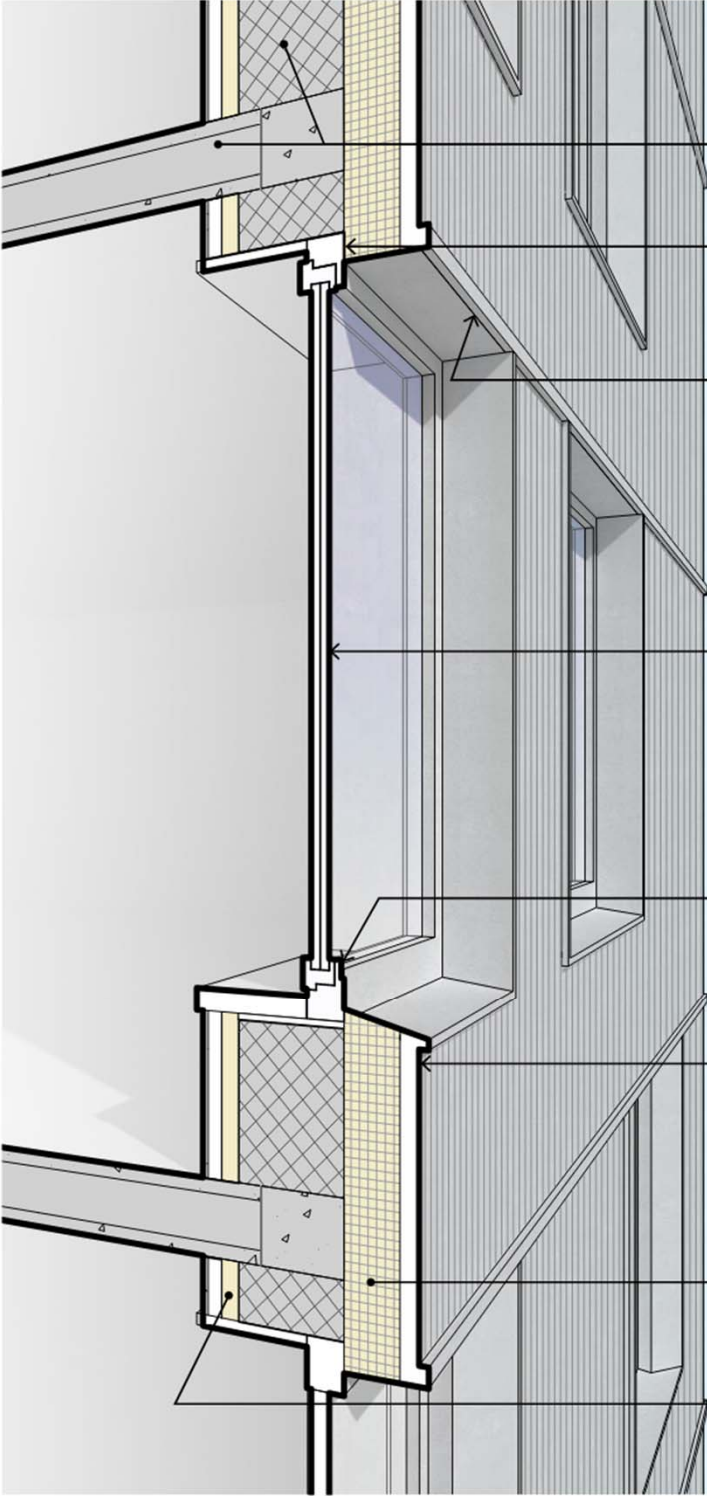
# 5. Floor Construction



**TYPICAL WALL BASE AT FOOTING**  
NOT TO SCALE

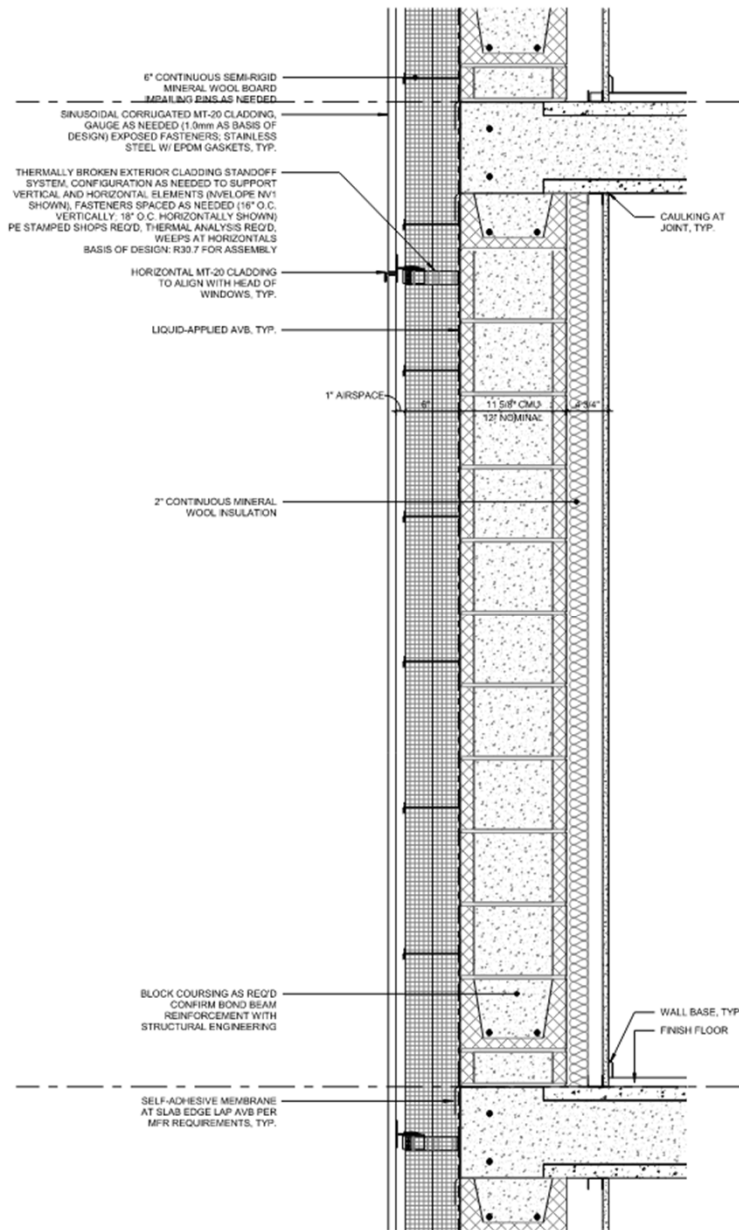
Assembly no.	Building assembly description					Interior insulation?
04ud	Slab					<input type="checkbox"/>
Heat transmission resistance [m <sup>2</sup> K/W]						
Orientation of building element	3-Floor	interior Rsi		0.13		
Adjacent to	2-Ground	exterior Rse		0.00		
Area section 1	λ [W/(mK)]	Area section 2 (optional)	λ [W/(mK)]	Area section 3 (optional)	λ [W/(mK)]	Thickness [mm]
Concrete Reinforced	1.442		0.000		0.000	203
XPS	0.029		0.000		0.000	51
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
Percentage of sec. 1		Percentage of sec. 2		Percentage of sec. 3		Total
100%		0.0%		0.0%		25.4 cm
U-value supplement	0.00 W/(m <sup>2</sup> K)	U-value: 0.492 W/(m <sup>2</sup> K)				

# 6. Exterior Wall Construction



## BETANCES V SENIOR HOUSING FACADE FEATURES

- Precast Concrete Plank and Concrete Block Superstructure  
*An economical structural system, common to affordable housing projects.*
- Insulate Over Portion of Window Frame  
*This reduces the negative impact to both energy use and comfort of the condition around the window frame.*
- Deep Facade Shades Windows  
*The highest sun angles that occur in the summer when cooling demand is highest are cut off by setting windows back from the facade.*
- Triple-Pane Insulated Glass  
*Triple paned units, with two low emissivity (Low E) coatings and appropriate solar heat gain coefficient maximizes the thermal performance of the windows. This also provides for excellent acoustic performance.*
- uPVC In-Swing Casement Window  
*For low and mid-rise buildings unplasticized PVC window frames (reinforced with steel) are an economical means for achieving high thermal performance.*
- Metal Rainscreen Panels  
*Corrugated zinc is an extremely long-lasting material with a 'live' finish that creates its own protective patina when exposed to the environment. Zinc panels are high in recycled material and require less energy to produce than other metals. Corrugation allows for thinner gauge material and introduces depth and variation that changes with the light.*
- 6" Mineral Wool Continuous Exterior Insulation  
*Semi-rigid mineral wool board provides reliable, non combustible insulation, with a high percentage of recycled content.*
- 2" Mineral Wool Continuous Interior Insulation  
*Uninterrupted batt insulation improves overall R value. Heat transfer modelling is used to check for risk of condensation.*

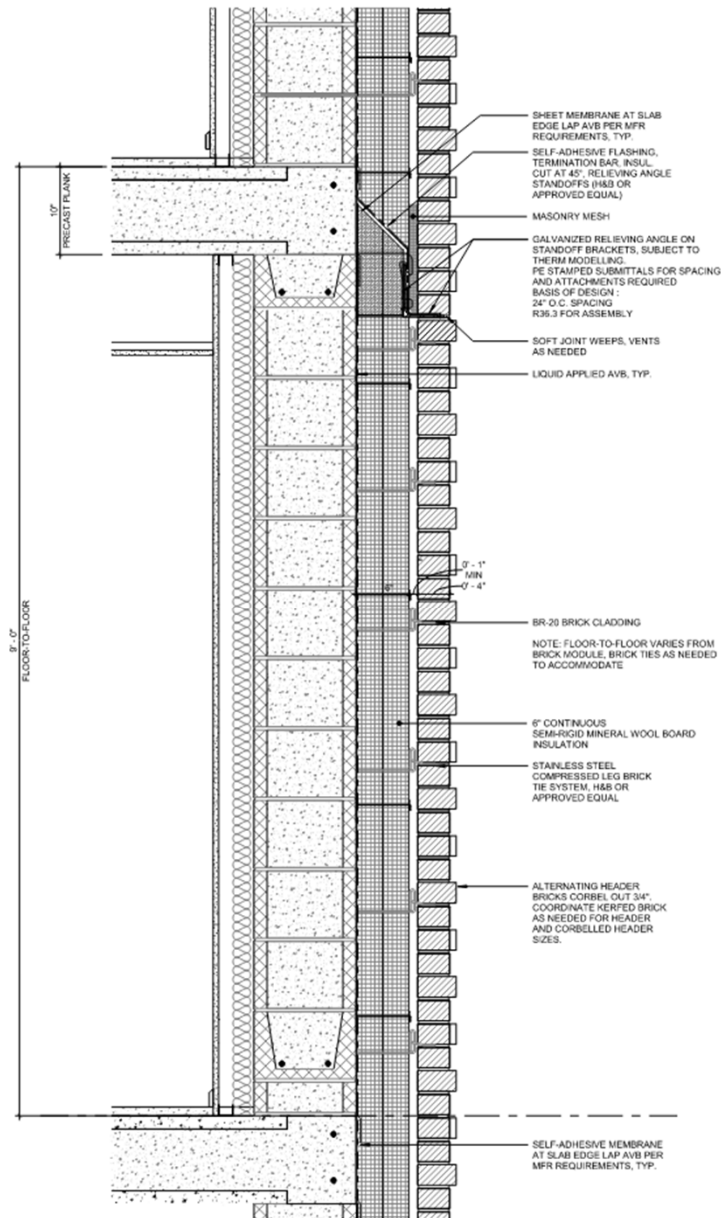


## TYPICAL METAL PANEL WALL ASSEMBLY

NOT TO SCALE

Assembly no.		Building assembly description			
01ud		WT-1.0_Metal Rain Screen_6" Mineral Wool EXT			
Heat transmission resistance [m <sup>2</sup> K/W]					
Orientation of building element: 2-Wall		interior R <sub>si</sub>		0.13	
Adjacent to: 1-Outdoor air		exterior R <sub>se</sub>		0.04	
Area section 1	λ [W/(mK)]	Area section 2 (optional)	λ [W/(mK)]	Area section 3 (optional)	λ [W/(mK)]
Heat 3 Calculation (reference "WT1.0 HEAT3 Calculation")	0.005		0.000		0.000
	0.000		0.000		0.000
Percentage of sec. 1		Percentage of sec. 2		Percentage of sec. 3	
100%		0.0%		0.0%	
U-value supplement	0.00 W/(m <sup>2</sup> K)	U-value: 0.196 W/(m <sup>2</sup> K)			



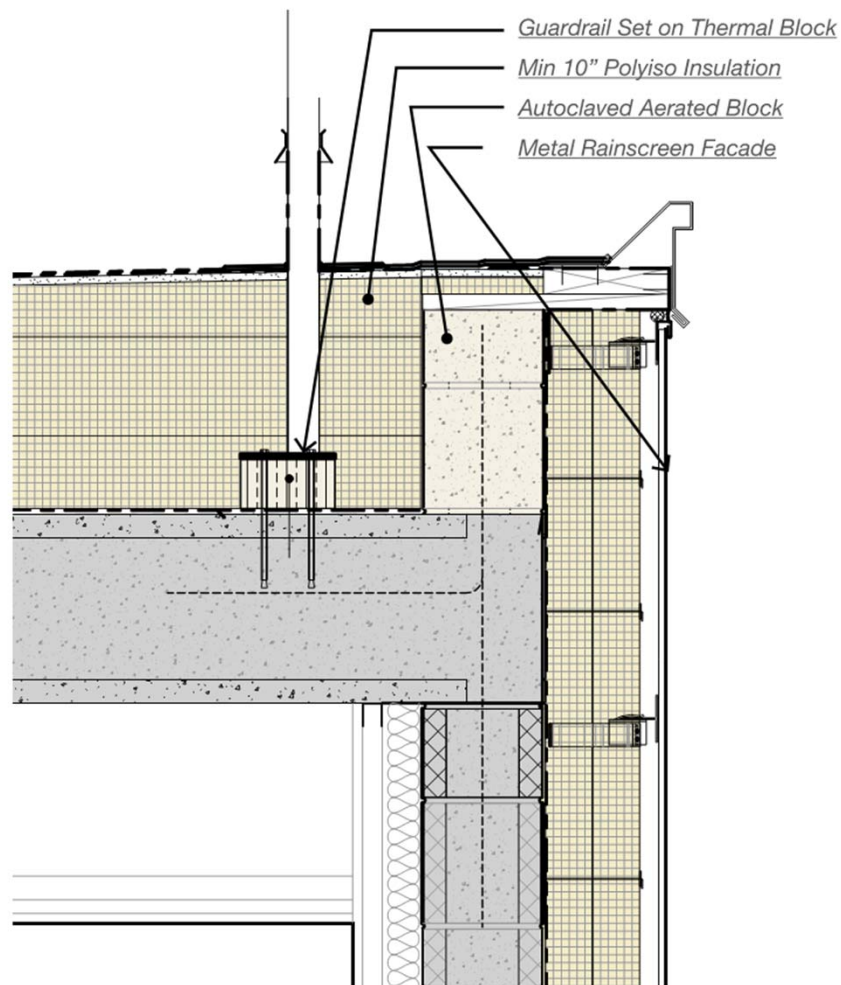


## TYPICAL BRICK VENEER WALL ASSEMBLY

NOT TO SCALE

Assembly no.	Building assembly description				
02ud	WT-2.0_Brick w/ GALV Ties_3" KoolTherm K8 EXT				
Heat transmission resistance [m <sup>2</sup> K/W]					
Orientation of building element	2-Wall	interior Rsi	0.13		
Adjacent to	1-Outdoor air	exterior Rse:	0.04		
Area section 1	λ [W/(mK)]	Area section 2 (optional)	λ [W/(mK)]	Area section 3 (optional)	λ [W/(mK)]
Heat 3 Calculation (reference "WT2.0 HEAT3 Calculation")	0.005		0.000		0.000
	0.000		0.000		0.000
Percentage of sec. 1		Percentage of sec. 2		Percentage of sec. 3	
100%		0.0%		0.0%	
U-value supplement	0.00	U-value:	0.187	W/(m <sup>2</sup> K)	

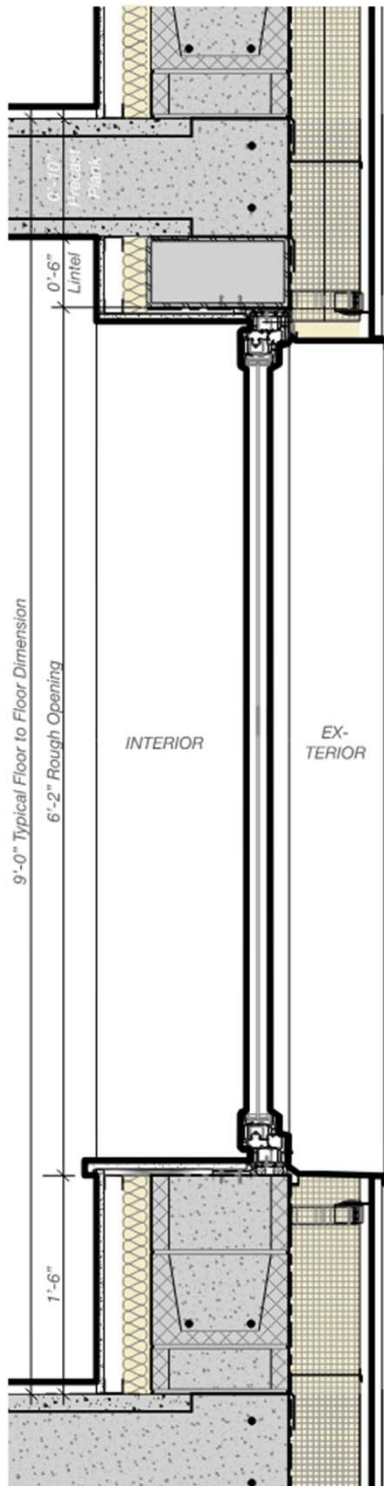
## 7. Roof Construction



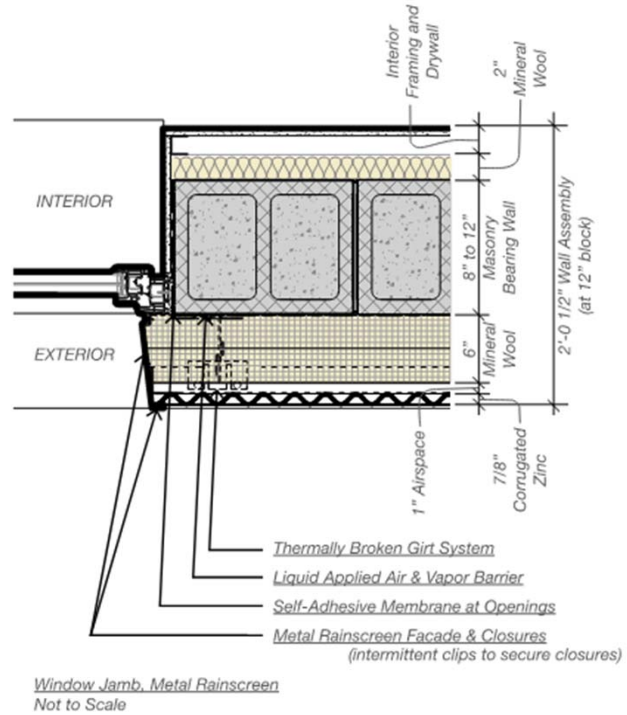
Section at Parapet/Roof Coping, Metal Rainscreen  
Not to Scale

Assembly no.	Building assembly description		Interior insulation?			
06ud	Roof		<input type="checkbox"/>			
Heat transmission resistance [m <sup>2</sup> K/W]						
Orientation of building element	2-Wall	interior Rsi	0.13			
Adjacent to	1-Outdoor ai	exterior Rse:	0.04			
Area section 1	λ [W/(mK)]	Area section 2 (optional)	λ [W/(mK)]	Area section 3 (optional)	λ [W/(mK)]	Thickness [mm]
Concrete Reinforced	1.442		0.000		0.000	305
Polyiso Insulation (10" min)	0.024		0.000		0.000	254
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
	0.000		0.000		0.000	0
Percentage of sec. 1		Percentage of sec. 2		Percentage of sec. 3		Total
100%		0.0%		0.0%		55.9 cm
U-value supplement	0.00 W/(m <sup>2</sup> K)	U-value:		0.091 W/(m <sup>2</sup> K)		

## 8. Windows and Window Installation



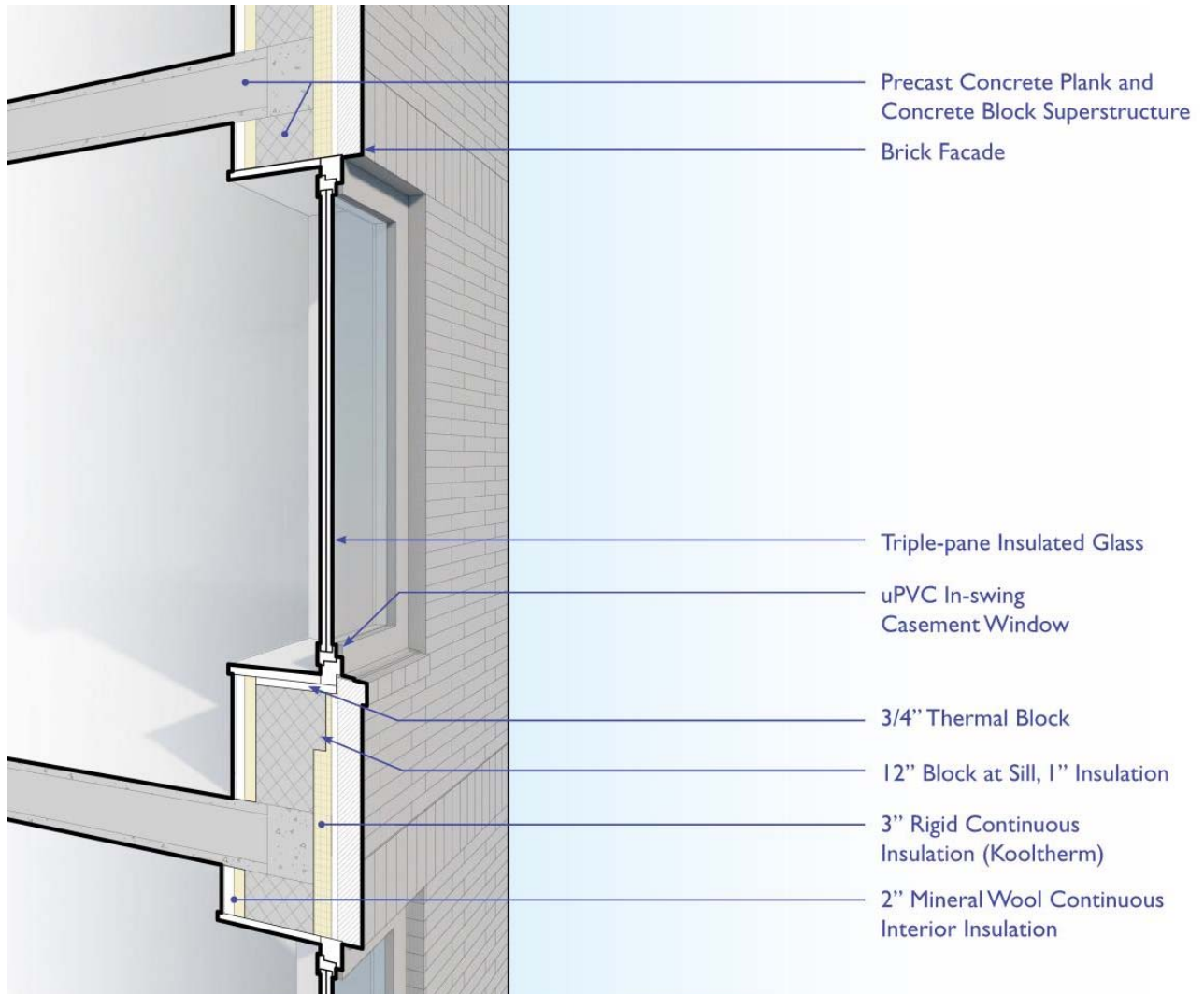
Section at Window, Metal Rainscreen  
Not to Scale



<b>Window Frame Description:</b>	<b>Schüco Living 82 MD TopAlu</b>
<b>Manufacturer:</b>	Schüco
<b>Frame u-value:</b>	0.96 W/(m <sup>2</sup> K)
<b>Glazing</b>	SGG CLIMATOP 6   18 ARGON 90   4   18 ARGON 90   4 ; PLANITHERM ONE F2, PLANITHERM ONE F5
<b>Glass u-value:</b>	0.48 W/(m <sup>2</sup> K)
<b>SHGC</b>	33%







### TYPICAL BRICK FACADE ASSEMBLY

DIAGRAM, PHOTOS



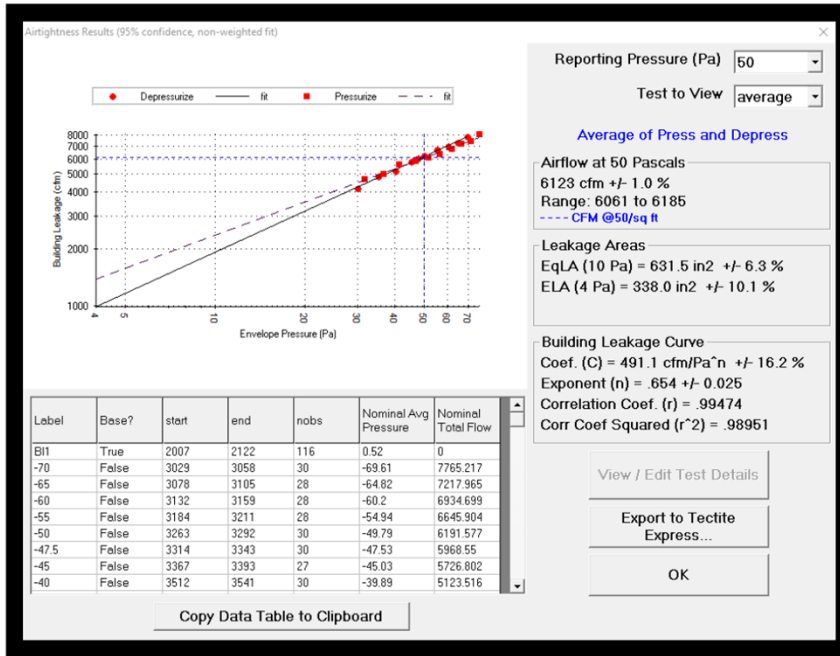
Air Barrier at Brick Facade



Mock-up Testing

# 9. Airtight Building Envelope

Photo 1:



**Whole Building:**

- Net Int. Volume: **812,551 ft3**
- Treated Floor Area: 79,920 ft2

**TOTAL: Average @ 50Pa: 6123**

✓ The calculated 95% Confidence Interval is less than 8%; final CI was 1%

✓ The result meets the 0.6 ACH50 requirement; **final ACH was 0.45 ACH50**

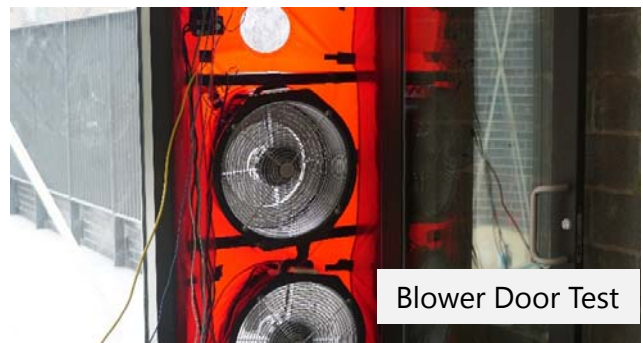
✓ Determination = PASS



Air Barrier Installation



Blower Door Test



Blower Door Test



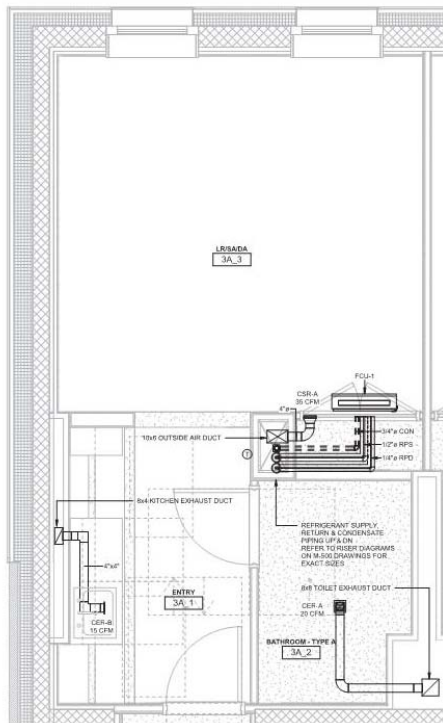
## 10. Ventilation and Mechanical Equipment

The project utilized highly efficient rotary heat exchangers.

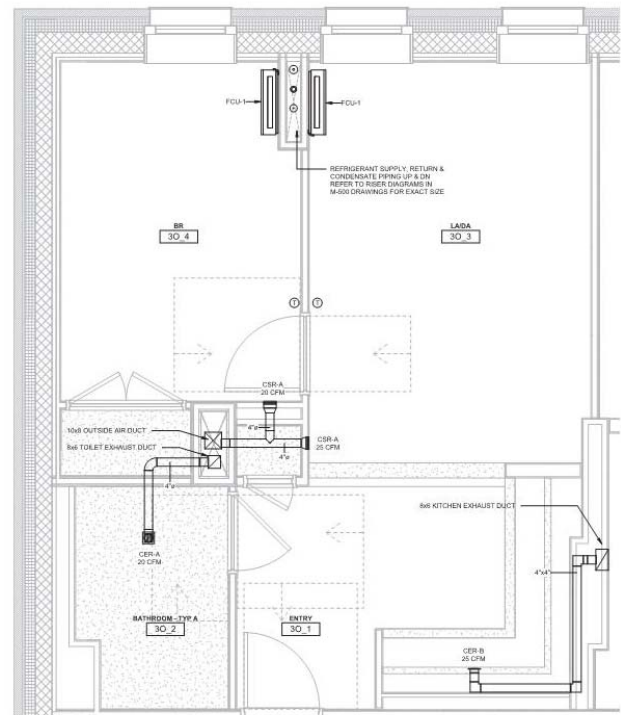
“A rotary heat exchanger consists of an aluminum wheel with numerous small air passages. Energy is transferred between the supply air and extract air or vice versa when the wheel rotates. This is the most energy efficient heat recovery method with a temperature efficiency that always exceeds 80%.”



<b>Manufacturer / Model</b>	<b>Swegon Gold RX</b>
<b>Overall Effective Heat Recovery Efficiency</b>	84 %
<b>Overall Spec Input Power</b>	0.37 Wh/m <sup>3</sup>



TYPICAL STUDIO



TYPICAL ONE-BEDROOM

### TYPICAL APARTMENT MECHANICAL AND VENTILATION LAYOUT

NOT TO SCALE



# HEATING AND COOLING SYSTEM

The project utilized an electric Variable Refrigerant Flow (VRF) air source heat pump system for heating and cooling. Simple two-pipe systems, divided into different quadrants of the building (north tower/south tower, east wing/west wing, north façade/south façade) is utilized for apartments, and a more complex three-pipe system with heat recovery is used for shared common spaces. The air source condensing units are located on the roofs. Apartments use wall-mounted evaporators (fan coil units) and residents have individual thermostats for their own comfort.

“A Variable Refrigerant Flow (VRF, or Variable Refrigerant Volume) system is an air-conditioning system that varies the refrigerant flow rate using variable speed compressor(s) in the outdoor unit, and the electronic expansion valves (EEVs) located in each indoor unit.”



Typical Apartment Evaporator Location Adjacent to Fresh Air Supply



Rooftop Air Source Condensing Units, ERV, PV Structure (under construction)

# 11. Domestic Hot Water

The project utilized highly efficient condensing natural gas water heaters.

“Modulating condensing boilers (mod-con boilers) can increase combustion efficiency to about 96%, up from the 80% efficiency of non-condensing boilers. They provide a range of firing rates to match the variable heating load of the building.



<b>Domestic Hot Water Heaters:</b>	<b>OptiTherm Modulating Condensing Commercial Water Heater</b>
<b>Manufacturer:</b>	Bock
<b>Source :</b>	Natural Gas



## 12. Short Documentation of PHPP-Results (verification sheet)

### Passive House Verification



**Architecture:** Cookfox Architects  
 Street: 250 W 57th St  
 Postcode/City: 10107 New York  
 Province/Country: New York US-United States of America

**Energy consultancy:** Steven Winter Associates  
 Street: 307 7th Ave  
 Postcode/City: 10010 New York  
 Province/Country: New York US-United States of America

Year of construction: 2019  
 No. of dwelling units: 152  
 No. of occupants: 174.0

**Building:** BETANCES\_V  
 Street: 455 East 142nd Street  
 Postcode/City: 10454 Bronx  
 Province/Country: New York US-United States of America  
 Building type: Residential  
 Climate data set: US0055c-New York  
 Climate zone: 4: Warm-temperate Altitude of location: 8.2296 m

**Home owner / Client:** Breaking Ground  
 Street: 505 8th Ave  
 Postcode/City: 10018 New York  
 Province/Country: New York US-United States of America

**Mechanical engineer:** Dagher Engineering  
 Street: 29 Broadway  
 Postcode/City: 10006 New York  
 Province/Country: New York US-United States of America

**Certification:** Passive House Academy  
 Street: Wicklow County Campus  
 Postcode/City: A67 X566  
 Province/Country: County Wicklow IE-Ireland

Interior temperature winter [°C]: 20.0 Interior temp. summer [°C]: 25.0  
 Internal heat gains (IHG) heating case [W/m²]: 4.1 IHG cooling case [W/m²]: 4.1  
 Specific capacity [Wh/K per m² TFA]: 132 Mechanical cooling: x

#### Specific building characteristics with reference to the treated floor area

	Treated floor area m²		Alternative criteria		Fulfilled?²	
			Criteria	Alternative criteria		
<b>Space heating</b>	Heating demand kWh/(m²a)	7065.3	≤	15	-	yes
	Heating load W/m²	12	≤	-	10	yes
<b>Space cooling</b>	Cooling & dehum. demand kWh/(m²a)	12	≤	18	18	yes
	Cooling load W/m²	10	≤	-	12	yes
	Frequency of overheating (> 25 °C) %	-	≤	-	-	-
	Frequency excessively high humidity (> 12 g/kg) %	0	≤	10	-	yes
<b>Airtightness</b>	Pressurization test result n <sub>50</sub> 1/h	0.5	≤	0.6	-	yes
<b>Non-renewable Primary Energy (PE)</b>	PE demand kWh/(m²a)	119	≤	120	-	yes
<b>Primary Energy Renewable (PER)</b>	PER demand kWh/(m²a)	87	≤	-	-	-
	Generation of renewable energy (in relation to projected kWh/(m²a) building footprint area)	0	≥	-	-	-

² Empty field: Data missing; -: No requirement

I confirm that the values given herein have been determined following the PHPP methodology and based on the characteristic values of the building. The PHPP calculations are attached to this verification.

Passive House Classic? **yes**

Task: \_\_\_\_\_ First name: \_\_\_\_\_ Surname: \_\_\_\_\_  
 Issued on: \_\_\_\_\_ City: \_\_\_\_\_

Signature: \_\_\_\_\_



### 13. Occupancy

The project began occupancy in early 2022. The following films showcase the mission of the non-profit client Breaking Ground, some of the residents, and their initial impression of living at Betances Residence:



[https://aiafilmchallenge.org/2022-aia-film-challenge/?contest=video-detail&video\\_id=3748](https://aiafilmchallenge.org/2022-aia-film-challenge/?contest=video-detail&video_id=3748)



<https://vimeo.com/761473535>